

ALEGRE BALLET FOLKLÓRICO'S

DANCE PERFORMANCE

Alegre Ballet Folklórico's stage productions are nothing short of breathtaking. With meticulously crafted choreography and vibrant outfits, the company showcases the sheer beauty and vibrancy of Ballet Folklórico. From the energetic zapateado of Jalisco to the graceful movements of Veracruz, Alegre's performances transport audiences on an unforgettable journey across Mexico's cultural landscape.

DANCE WORKSHOP

Alegre Ballet Folklórico's provides Workshop classes introduce participants to the fundamental techniques, movements, and rhythms of Ballet Folklórico or the requested dance style. Emphasis is placed on building a strong foundation, including proper posture, footwork, and coordination. Classes also focus on the cultural significance behind the dances, enabling participants to develop a deeper understanding of the cultural nuances embedded in each dance form. Workshops can be focused on styles such as Cumbia, Bachata, and Salsa in addition to Ballet Folklórico.

Participants and audiences age 2 and up