## **ARGA NOVA**

## **DANCE PERFORMANCES**

Arga Nova Dance provides interactive performances in which audiences can participate and be educated in African dance and drumming. Performances foster cultural appreciation and engagement.

## **DANCE WORKSHOPS**

Arga Nova Dance provides workshops in Ballet and Modern Dance. These workshops provide training that fosters discipline, artistic expression, health, and physical fitness. Workshops incorporate education in Black dance history, connecting students to the cultural roots and contributions of Black artists in the world of dance.

Participants age 2 and older