

# **FRIDA LOZANO**

## **VISUAL ARTS WORKSHOPS**

**Frida teaches Mexican and Indigenous folk visual art, as well as reflective visual art. Through the visual arts, children improve their confidence, patience, and communication skills, as well as their attention span and effort levels. They develop their motor skills and creativity by exploring concepts and elements of design. They also expand their appreciation for the arts. Visual arts classes will help students connect with their cultural roots and develop pride in their own culture, as well as establish intercultural connections that foster an appreciation for the rich diversity of other cultures.**

## **THEATER/ACTING WORKSHOPS**

**In theater classes, participants will work on their reading and comprehension skills and integrate Latinx, Mexican, or Mexican-American literature. In Acting with Masks, students will learn about traditional practices and mask use in Mexico. Students will practice basic elements of acting techniques with full and half masks. Participants will be exposed to and work with my personal collection of Mexican folk wooden masks and my collection of paper mâché masks.**

**Participants age 2 and older**