## GLORIA AGUDELO

## **VISUAL ARTS WORKSHOPS**

Gloria Agudelo's workshops include:

Craft Workshop: This workshop will feature craft work to celebrate widely recognized dates in several Latin American countries, such as Independence Day, New Year's Day, December holidays, Mother's Day, and others. The workshop is designed to continue rescuing and spreading these traditions and the custom of making crafts, with the great value they possess as a handmade detail, dedicated to the time and effort they deserve.

Colombian Musical Instrument Workshop: Using recyclable materials, we will offer musical exploration and instrument making sessions for the creation of instruments such as the marimba, maraca, and chucho, among others, which belong to the different regions of Colombia (Pacific, Atlantic, Orinoquia, Amazon, and Andean). The final session will result in a rhythmic performance featuring the crafted instruments.

<u>Ceramics Workshop:</u> Participants will explore and combine artistic styles from diverse cultures, painting unique ceramic pieces that celebrate cultural richness and diversity through art, while expressing their individuality.

## THEATER/ACTING WORKSHOPS

Theater/acting workshops include:

<u>Body Awakening:</u> Through this workshop, participants will explore body awareness as a fundamental tool for interacting with the world, recognizing its value in an environment where communication is mediated daily by electronic devices. This

will be accomplished through theater games and body language with activities that enhance and connect aspects such as space and movement, posture, rhythm, gestures, tone, and time. This strengthens interaction and socialization skills in participants. Participants age 2 and older