LAUGME
LAURA MEJIA MUÑOZ

VISUAL ARTS WORKSHOPS

Laugme provides two workshops. The first, "I Am From Here, and I Am From There". In this workshop, participants will create their own accordion book to redefine their roots and how to nurture their new reality from the place where they live today, which is where they are building their new foundations. The workshop will give participants the opportunity to navigate the four stages of migratory grief by creating their own journal, recreating their identity with questions that will be answered through painting and drawing techniques.

The second workshop, "The Flowers That Unite Us", provide participants with the opportunity to connect with nature through real flowers, exploring the beauty, fragility, and strength of Latin American flora as a symbol of identity and memory. Throughout the workshop, they will learn about representative flowers from different Latin American countries: the red plumeria of Nicaragua; the May flower, the national flower of Venezuela; the orchid, the national flower of Colombia, among other species that flourish both in our territories and in our personal histories. Each flower will be presented with its history, country of origin, and cultural symbolism, generating a sensorial experience that invites us to remember, redefine, and honor our roots.

CULTURAL PROGRAMMING

Routing Dreams is an experiential personal and artistic development workshop designed to empower participants

through introspection, creative expression, and strategic goal planning. Throughout four themed stations, attendees will explore their aspirations, identify obstacles, and design a concrete action plan for the next six months.

This workshop promotes active participation, emotional well-being, and personal empowerment. Furthermore, by culminating with the manual creation of a vision board, participants take home a tangible artistic tool that reinforces their commitment to their goals and their continued growth.

Participants aged 6 and older