

MEXMAMA

OFELIA FAZ-GARZA

LITERARY/SPOKEN WORD WORKSHOPS

Participants will engage with writing, oral storytelling, and bilingual reflection activities to meet all literacy levels and age groups. Activities include: “I Am From” poetry and storytelling, Family recipe writing and food memory sharing, Sound poems, oral history snippets, and affirmation scrolls, Mini-zine making and storytelling through collage or word clouds, Guided story prompts, sensory reflections, and naming traditions,

Each literary activity supports language development, cultural memory, and identity exploration, building confidence and honoring lived experience.

VISUAL ARTS WORKSHOPS

Ofelia provides hands-on craft projects using recycled, natural, and found materials to support sustainability and accessibility. Activities include: memory maps and portrait banners, textile quilt panels and retazo (scrap) collages, pocket altars and bottle-cap jewelry, illustrated recipe scrolls and papel picado story flags, community murals, story boxes, and sensory art. Projects reflect a rasquache aesthetic—resourceful, vibrant, and culturally grounded—encouraging creative resilience.

Participants aged 2 and older