

SONIA MEDINA

VISUAL ARTS WORKSHOPS

Sonia offers the Democratizing Design Through Lenca Cultural workshop that include Light of the Ceremony: Handmade Wall Candle Holders; Sacred Structures: Spatial Weaving & Textile Art; Honduran Vernacular: Reinterpreting Lenca Materials in Design; and Guancasco in Patterns: From Ancient Symbols to Contemporary Surface Design.

The Drawing-focused Workshops include Drawing the Human Figure: Proportions and Gesture; Faces and Feelings: Expressive Portrait Drawing; Sketch Like a Pro: Urban and Nature Sketching; Shadows and Light: Shading Techniques in Pencil; and Draw Your Own Hero: Character Design Basics.

CULTURAL PROGRAMMING

Sonia offers Interior Design and Architecture workshops entitled: *My Tiny Home Workshop*: Participants will learn the basics of spatial planning, scale drawing, and conceptual design through the creation of a tiny home model; *Moodboard Creation Workshop*: Participants will learn how to visually communicate a theme or concept using mood boards, focusing on composition, color, and texture; *Color Theory Workshop Series*: Participants will explore color mixing, contrast, and symbolism through guided exercises, culminating in a personal artwork; *Motion Design: Kinetic Mobiles in the Style of Calder*: Participants to explore balance, motion, and spatial rhythm by designing and building their kinetic mobiles; and *Lightcraft: Build Your Own Light Fixture*: Participants will design and construct their functional light fixture using materials like fabric, wood hoops, wire, and LED components.

Participants and audiences aged 6 and older